

HAPPY NEW YEAR!

NEW YEAR 30DAY CHALLENGE STARTS JAN 2

REDUCED SCHEDULE JAN 14-19

LOOK ONLINE FOR UPDATE!

2019 JAN	1 TUE	2 WED	3 THUR	4 FRI	5 SAT	6 SUN	7 MON	8 TUE	9 WED	10 THUR	11 FRI	12 SAT	13 SUN
7.00			V65					ONE 65		V65			
9.00	WE			V65	R90						V65	R90	
12.00	ARE	V65	upFLO silent 50	YIN65	ONE 65	YYasa 65	HYY6 5	BARRE 60	V65	upFLO silent 50	YIN65	ONE 65	YYasa 65
16.30	CLOSE			ONE 65			V65				ONE 65		V65
18.00		ONE 65	CORE 60				ONE 65	YIN75	ONE 65	CORE 60			

TIME/DATE	MON 14	TUES 15	WED 16	THU 17	FRI 18	SAT 19	SUN 20
6.30		ONE 65		V65			
9.00					V65	R90	
10.30							MOVE60
12.00	HYY65	BARRE60	V65	upFLO silent 50	YIN65	ONE 65	YYasa 65
16.30					ONE 65	V65	V65
18.00	ONE 65	YIN75	ONE 65	CORE 60			